

THE CATEGORY TITLES: Martial Arts Applications

Martial Arts

012 Breaking:

The proper mind development to break

013 Hyungs, Kata and MUDRA

014 The Stick

015 The Blade, Knife & Sword

016 The Hand: Open Hand, Close Hand, Fingers

Fighting

Tae Kwon Do, The Moo Duc Kwan School *

[Specific Program Identification Necessary]

Red to Black Belt only

017 The Process of Engagement: 1X1, 1X2, 1X3 Sparring

* The cost is based on age and identification of technique regardless of Rank.